



ترتیب دہانہ

جیل یبانی... بلد ینہض

## A Call to Participate with Us in the Project of the Rejuvenation of a Generation

Our Ummah is passing at the moment through exceptional and critical circumstances - and this is ushering the nations of the region towards a new historical stage. This, however, may be viewed as an opportunity to establish a new framework of educational objectives, and to set up clear values: such a framework can then be incorporated into the teaching syllabus at schools and universities.

Adopting this approach into the syllabus will be, we hope, a major contribution to the shaping of the generation's attitudes and behavior; it will do its share in healing some serious cultural and educational problems: it will have a vital part in putting right the perspective of rejuvenation; and this is designed to see the generation bear God's Trust of Viceroyalty. This will be reflected in the worldview, the value paradigm, and the thinking system - hence we hope the improvement of behavior.

We believe that it must be a main priority of all those dedicated to a better future for the Ummah, and the upcoming generation to do their utmost in reviving the Ummah, by seeking better ways for its rising generations, those who will be the pioneering force of the future. It is in our hands to do much towards saving the Ummah from its predicament - a predicament that is a natural outcome of its absenting itself from the changes of the world, from its role as the Ummah of good deeds and just balance.



# Need for the Project



We keep hearing from all who are concerned with the future of this Ummah and the rising generation questions like: What are the values, traits, and behaviors I should put up as my target for my son, my daughter, and for my community? How can this comprehensive system be translated into behavior, and take shape in real life, in a way that we may see its reflection in real life?

It is in response to such queries that we worked hard for establishing a comprehensive educational syllabus. We drew our inspiration from the established Islamic science of 'al-maqasid: the purposes of shariah', and we referred to sciences like psychology, sociology, education, and ethics; we particularly referred to the now established approach of 'cognitive behavioral therapy, CBT', drawing on our previous experiences in the field, to be sure that the best scientific and professional methods are realized in application. We are aware that it would be a serious historical mistake to make do with an educational system that does not integrate with a value framework and clear educational objectives.





# INTRODUCING THE PROJECT

In this Project "the Rejuvenation of a Generation", we undertook to prepare value-based and educational syllabi; and to have them translated into people's lives and behavior and their actual existence. This seems to be the biggest challenge that faces all the cognitive-educational approaches, of any project aiming to effect a rerise or change of this Ummah. We propose to start carrying out the present project including a nine-axis 'Cognitive Framework'. For that purpose, we have been consulting a wide range of educationists, theoreticians, and workers in the field of teaching and curricula; we have referred to psychology and sociology; and we have reviewed the available literature in the scientific approaches to cognitive-behavioral change, to the methods of determining what is in the mind, and psychometrics, determining the motivation of behavior and attitudes. We have examined the drawbacks of culture and the principles of thinking. This would not have been possible without the long experience of Dr. Redwan El-Khayat, founder and supervisor of the Project; besides the expertise of a number of educationists, members of the team of the Rejuvenation of a Generation. From all the above, it will be seen how the work at the Project may be said to be characterized with scientific rigor, to have enough originality, and to strike a moderate way, in addition to creativity.





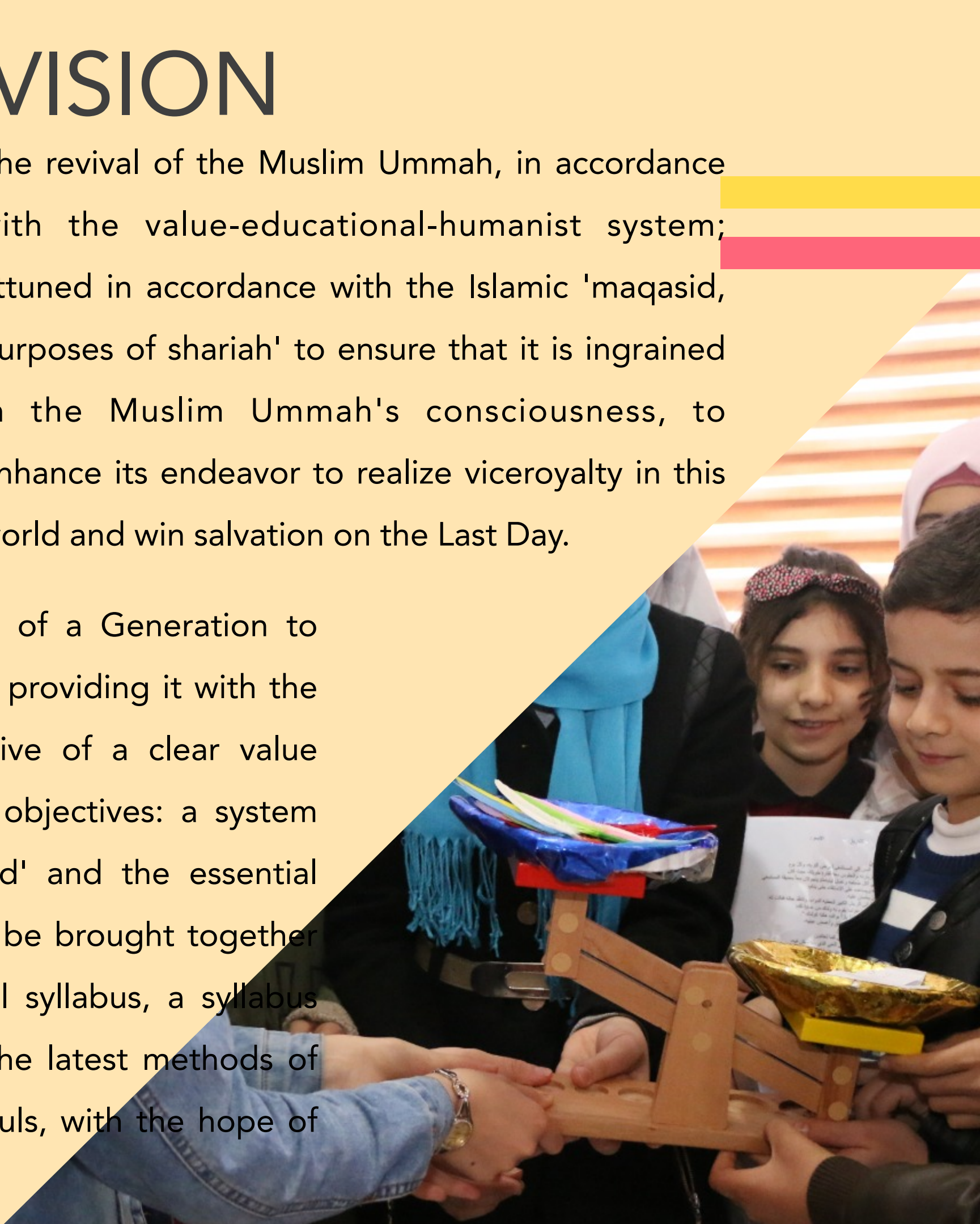


# VISION

“The revival of the Muslim Ummah, in accordance with the value-educational-humanist system; attuned in accordance with the Islamic 'maqasid, purposes of shariah' to ensure that it is ingrained in the Muslim Ummah's consciousness, to enhance its endeavor to realize viceroyalty in this world and win salvation on the Last Day.

# MISSION

“We are committed in the Rejuvenation of a Generation to realize both purification of the soul, and providing it with the necessary values - within the perspective of a clear value system, with well-defined features and objectives: a system stemming from the science of 'maqasid' and the essential findings of the human sciences: this will be brought together under a scientific-interactive educational syllabus, a syllabus that actively endeavors to incorporate the latest methods of science in formulating the minds and souls, with the hope of realizing the Vision.





# THE AXES OF THE PROJECT



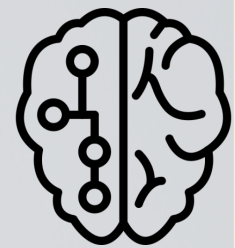


## The Enhancement of the Value System



- Enhancement of the concept of tawhid in the general view of the self and the world, in the configuration of values, and the thinking methodology; and in an individual's visible life and in private.
- Disentangling an individual's conception of any extraneous material. Bearing the trust of realizing vicereignty

## The Enhancement of Thinking Skills



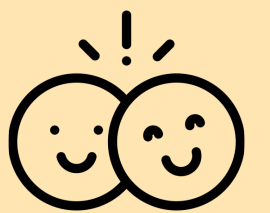
- Working to ingrain and develop the scientific approach of causality and the principle of relativity; ridding the generation of traditionalism and idolization of persons; enhancing a proportional approach rather than thinking along an all-or-nothing principle
- Providing the student with the skills of critical thinking, intellectual flexibility and continuous learning
- Enhancing scientific reasoning, respect for learning; developing the observation of the link between causes and effects; and how to review scientific evidence.

## Morals and Manners



- Competing in doing what is better and more enduring; working to get rid of disagreeable habits and manners
- Taking care of the sincerity of intention when working hard to acquire knowledge, and when doing good deeds; striving to distinguish oneself, and to compete in doing what is worth doing, and realizing what is good for oneself and others

## Psychological Skills and Resilience



- Acquiring the skills of self-care, the skill of dealing with hardships, and the development of psychological resilience - aiming to have a more balanced and robust psychological structure
- Learning the principles of psychology, with a stress on emotional growth and the skill of emotional intelligence

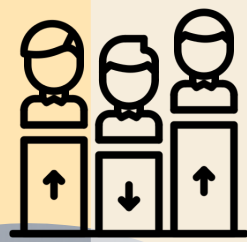
## Building Self-Confidence and Efficiency



- Developing the individual's character, his/her confidence, freedom and creativity; enhancing the faculties of independence, self-efficacy, conscience, and the awakening of accountability; the enhancement of the individual's set-up: in body, mind, emotion, and conscience.
- Assisting students to realize self-discovery, to discover their potentials; and to review the intellectual incentives that they bear.



# Citizenship



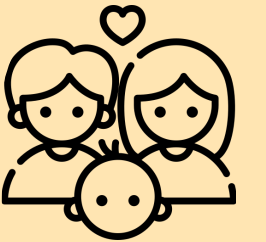
- Introducing the youth to the principles of identity, belongingness, and citizenship
- Being aware of the resisting dictatorship and subjugation - the principle of 'No obedience in contradiction with what is right'
- Adopting the concept of the Prophet's Tradition: "You are shepherds, each one of you; and each is responsible for their flock"
- The perfection of the mechanism of 'shura; or: democracy' at all social levels
- Reviewing the part exaggerated power plays in social lobby; laying the foundation of supporting truth, justice, and their representatives of whatever creed; resisting injustice of whatever source; preserving rights and enhancing duties.



## Islam and Citizen of the World

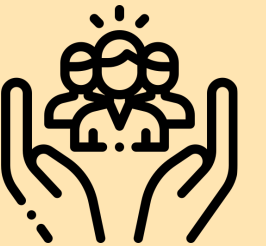
- The task of spreading knowing each other; the enhancing of the spirit of belongingness to the Muslim Ummah
- Perceiving the reality of being witnesses of the world, and the Muslim's responsibility in this regard
- Getting over sectarianism and nepotism; establishing the culture of merit based selection

# Enhancing the Family



- Empowering the family as an integrated and cooperative unit, in order to be an efficient unit aiming to achieve good objectives
- Developing communication within the family; improving the ability of solving family problems in healthy ways, and getting over difficult crises
- Making sure the members of family are keen to fulfill their responsibilities; their support of each other, and doing their best to disseminate knowledge and scientific consciousness among all of them

# Social Responsibility



- Developing a consciousness of the effect of narrow-mindedness and disregarding the common good when taking decisions and adopting attitudes
- Raising the individuals' awareness of the effect of the individual's and group's behaviors on the general good of society (as in the Tradition of the ship by the Prophet)
- Acquainting the youth of the fact that lack of awareness, ignorance, and well-intended involvement in harmful activity; or holding back from doing what should be done and preventing what may prove injurious - that does not safeguard society from the negative effects of such drawbacks.



# SETTINGS FOR APPLYING THE

Regular schools  
Centers for  
educational support



Children and  
teenagers Centers



Skills courses  
Summer vacation  
programs



Educational  
Institutions



## BENEFICIARY GROUPS



### At present

Children and teenagers at school age (6 to 18 years), from the first grade through the secondary school graduation.



### Future

The Project is designed to expand gradually to include young adults and adults: to be applied at universities and community colleges, teachers' training institutions, and educationists' colleges, and to include da'wa (missionary work) persons.



# REFERENCES OF THE PROJECT

The Project of 'the Rejuvenation of a Generation' has had behind it a huge body of references, for every item and section; in a way that it would be too hard to draw a comprehensive inventory. Let it suffice to assert that the Project has had mainly four source branches of knowledge:

## **The maqased, or purposes of shariah**

Mention must be made of Dr. Mazen Hashem, Dr. Ahmad al-Raisouni, and Mr. Riyadh al-Adhami

## **Sciences of Education and Ethics**

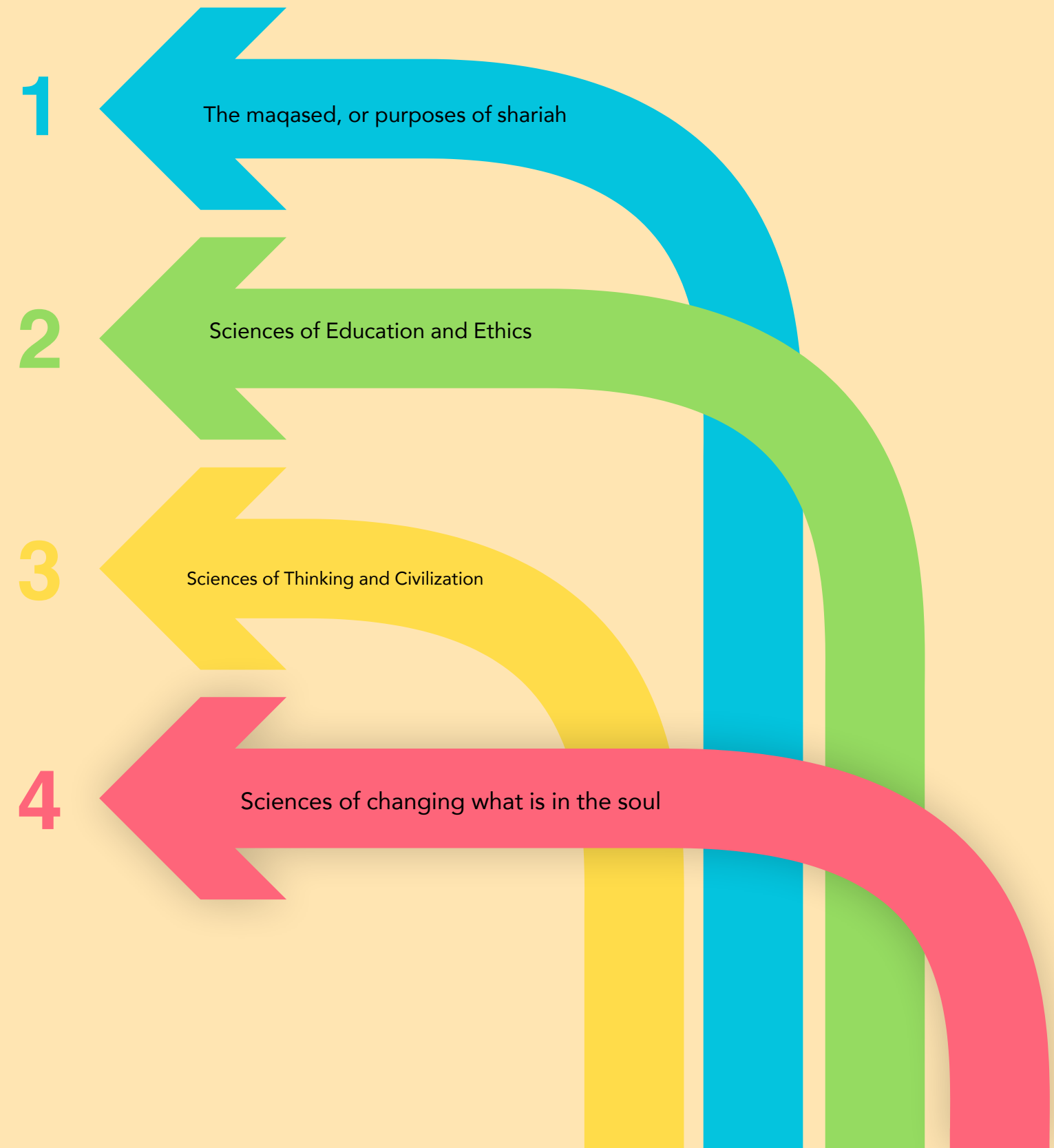
The main writings consulted have been those of Prof. Abdul-Karim Bakkar

## **Sciences of Thinking and Civilization**

The main sources have been the writings of Jawdat Said, Malek Bennabi, and Dr. Jasem Sultan

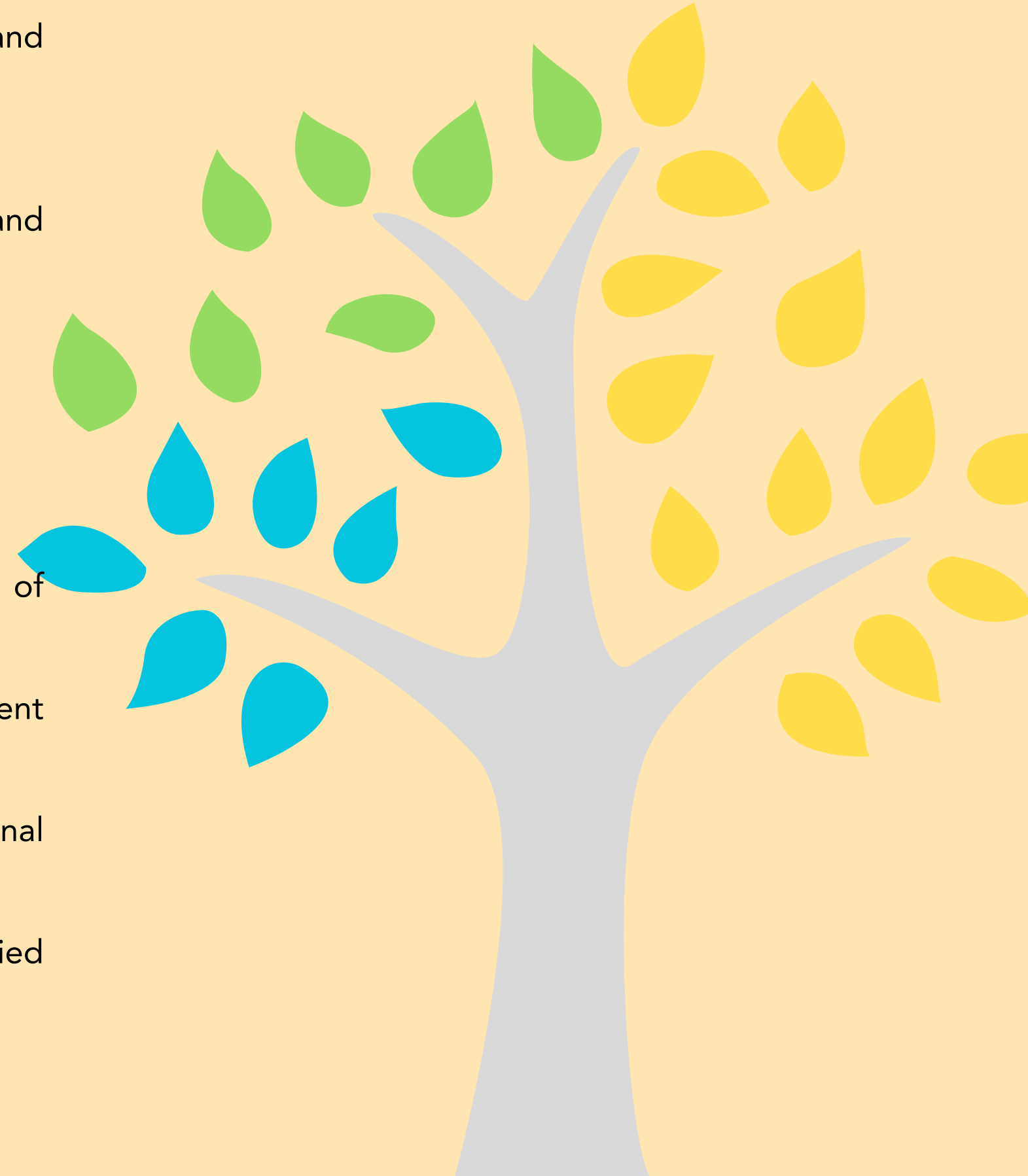
## **Sciences of changing what is in the soul**

Sciences concerning the cognitive and behavioral aspects of human beings, like sociology, psychology, cognitive behavioral therapy, education sciences and child-rearing



# BASIC PRINCIPLES OF THE WORK OF THE TEAM OF THE PROJECT OF THE REJUVENATION OF A GENERATION

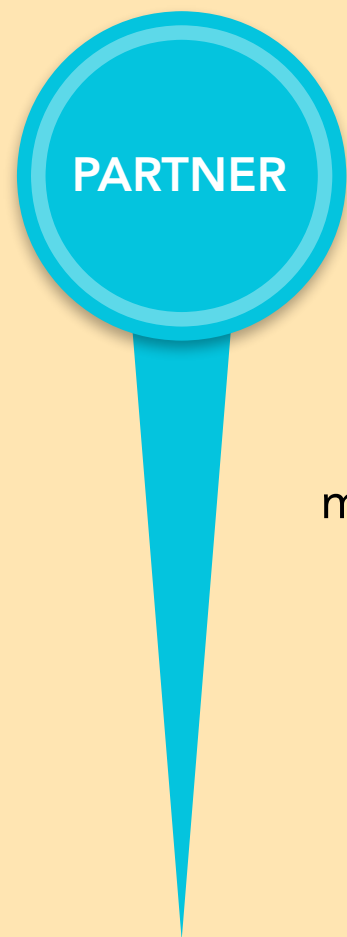
1. Graduation in the implanting of positive ideas and values; also, in eliminating passive and deactivating values
2. Adopting cognitive reinforcement, in tandem with behavioral training
3. A wide study of the training material from all perspectives (psychological, educational, and procedural), and across all stages
4. Realism in the educational catering, and in the degree of change expected in the students
5. Applied projection to real situations after each educational and experiential training
6. Constant search for a method of measuring change in students' behavior after the training
7. Targeting a specific aim in each exercise; avoiding too many aims
8. Constant revision of the educational material; improving the material and the procedures of work
9. Close and constant supervision of the implementation of the Project material in all different centers; making sure the criteria are reflected in practice
10. Endeavor to involvement of our educational staff in the Project, in realization of the educational values and objectives; with a view to raising the level of coherence and harmonization
11. Cooperating with the students' parents and guardians as far as possible to enhance the applied educational objectives.





# MECHANISMS OF EVALUATION AND MEASURING OF OUTCOME

Constant evaluation is a basic criterion maintained by the Project; it is an essential constituent of establishing partnerships with the parties and organizations willing to work on the Project. Measurement focuses on the practical application of all of four sectors mentioned below.



PARTNER

Using our partner  
measurement tools or  
external assessor



FAMILIES

They participate in  
evaluating the performance  
and the extent of change of  
their children, and their  
.feedback is recorded



TRAINER

By applying standard  
work templates and  
forms



THE  
STUDENT

By having a specific rating  
scale before after the course





Consultant psychiatrist; accredited psychotherapist in CBT; used to teach in the Faculty of Medicine, Southampton University for ten years; Medical Director of Psychiatric Services in a district South of England for seven years.

Chair of the Committee of Mental Health Services inside and outside Syria, in the Union of the Syrian Medical Organizations (INGO)

# DR. REDWAN EL-KHAYAT

'Founder of the Project of the 'Rejuvenation of a Generation

1994

Settled in Britain.  
Worked in the  
National Health  
Service

2000

Elected as Chair of the  
Muslim Council of  
Southampton, the UK, a  
position which he  
occupied for 11 years

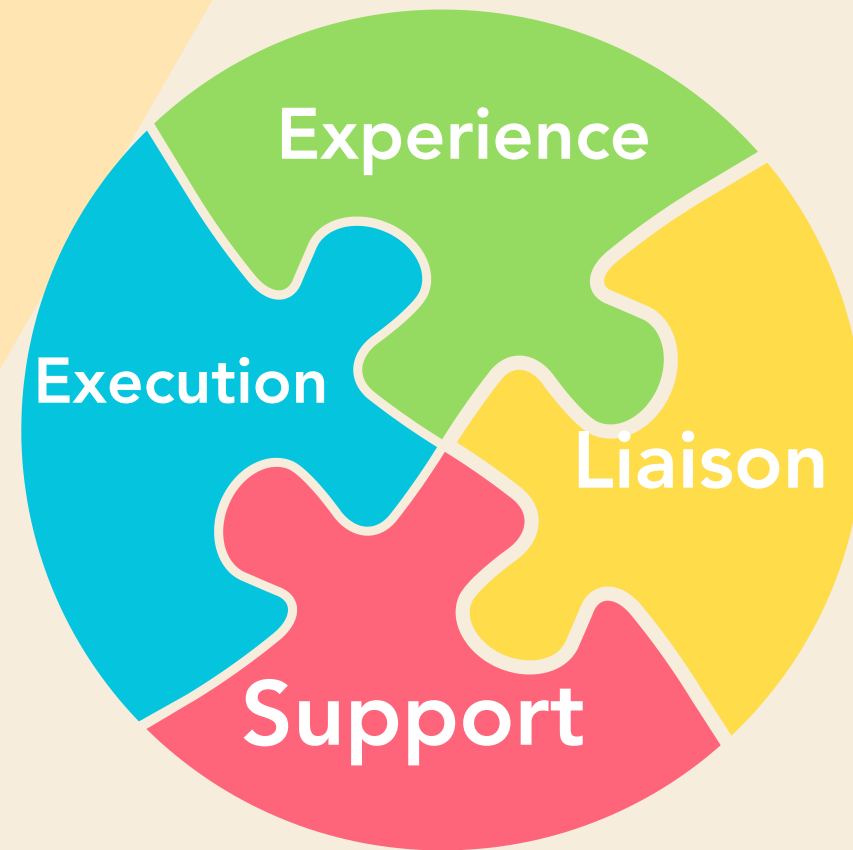
2014

Retired early to  
dedicate his time to the  
humanitarian relief work  
and educational work;  
this project.



"We have endeavored in our Project of the Rejuvenation of a Generation to put forward an integral educational system, taking our cue from the science of 'maqased, the science of the purposes of shariah, referring- to ensure that the present project is characterized with the scientific methods in assessment and execution"

# HOW YOU CAN HELP



Cooperation for executing students' activities devised by Project



Contributing to the Project with scientific and technical experiences



Contributing to building relationships and publicizing the Project.



Financial support of the Project's activities





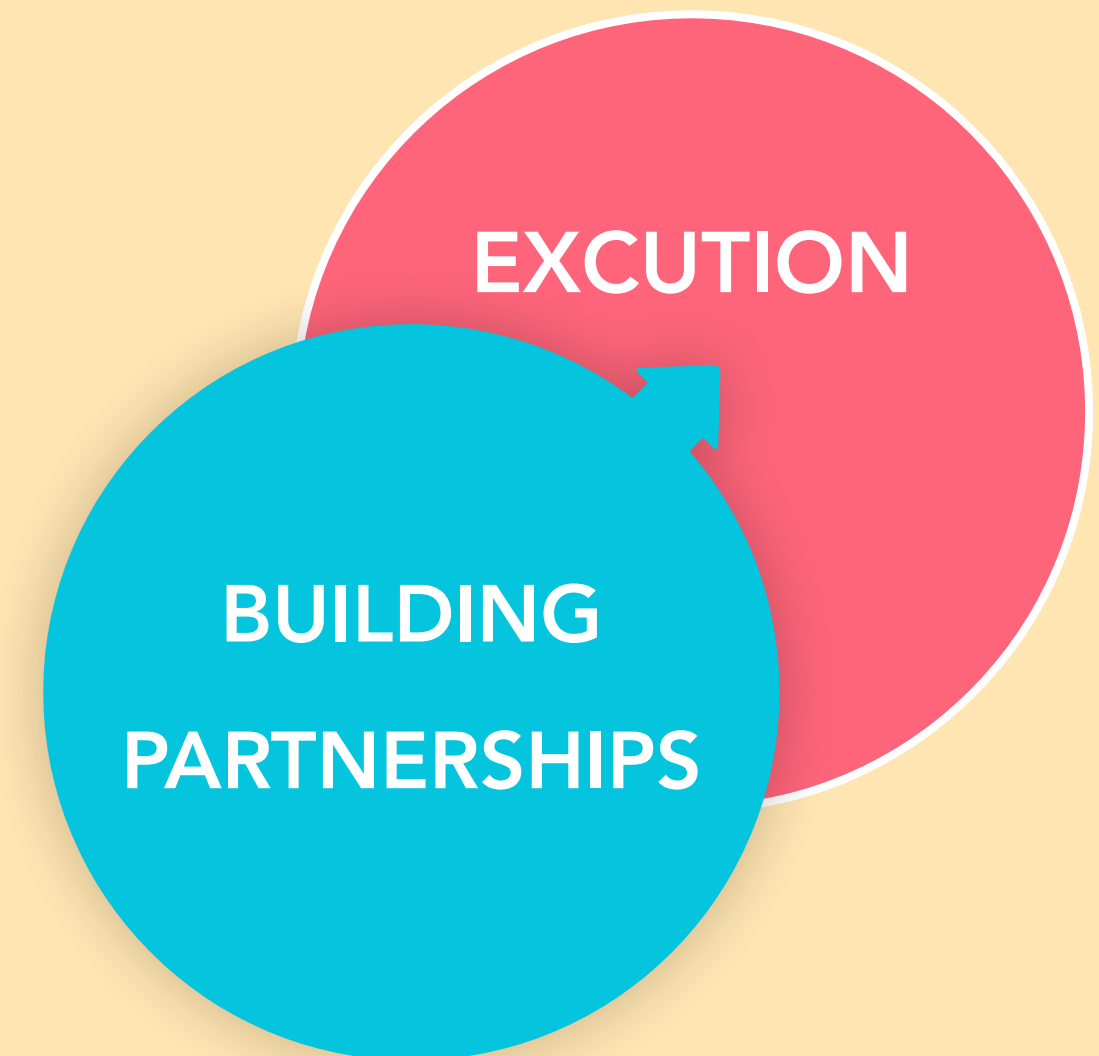
# MECHANISMS OF IMPLEMENTATION

## STAGE OF BUILDING PARTNERSHIPS

- The responsible persons in the Project usually hold cyclic introductory meetings for any interested parties
- When some party shows an interest in partnership, communication is made to discuss further details
- A memorandum of understanding is signed to establish the rights and responsibilities of both sides; these also explain the documents to be referred to for directing the work
- This kind of agreement is exclusively with the interested organization, not with individuals
- Follow-up is a crucial criterion when working with any suggested partner - this will be based on a detail plan for supporting the implementation phase and to provide monitoring and supervision processes.

## STAGE OF EXECUTION

- The interested party puts forward a number of qualified educators to receive training on the references and materials of training
- The Project's Team undertakes the training of the educators, to choose the more competent, those suitable to carry out the training of students
- Training of students starts in the form of training sessions, in accordance with agreement
- Teachers are included in the implementation stage, on the basis of orientation training
- A plan is laid down at the outset with the partner organization, aiming to measure: the outcome and results of the Project in four distinct sectors:
- The students, their families; the Center's administration at the place where the application takes place; and the team of trainers and supervisors.



## ANALYSIS OF THE QUESTIONNAIRE ON THE ENHANCING OF CONCEPTION

Supervisor of Questionnaire	Y H
Gender	Female
No. of students at beginning of training	40
No. of students continuing to end of training	36
No. of students who took pretest	30
No. of students who took posttest	32
Remarks concerning the test: technically and statistically (please detail)	Answer is verbal



# ANALYSIS OF THE QUESTIONNAIRE ON THE ENHANCING OF CONCEPTION

Setting: Syria, Town of Dana, in 2018

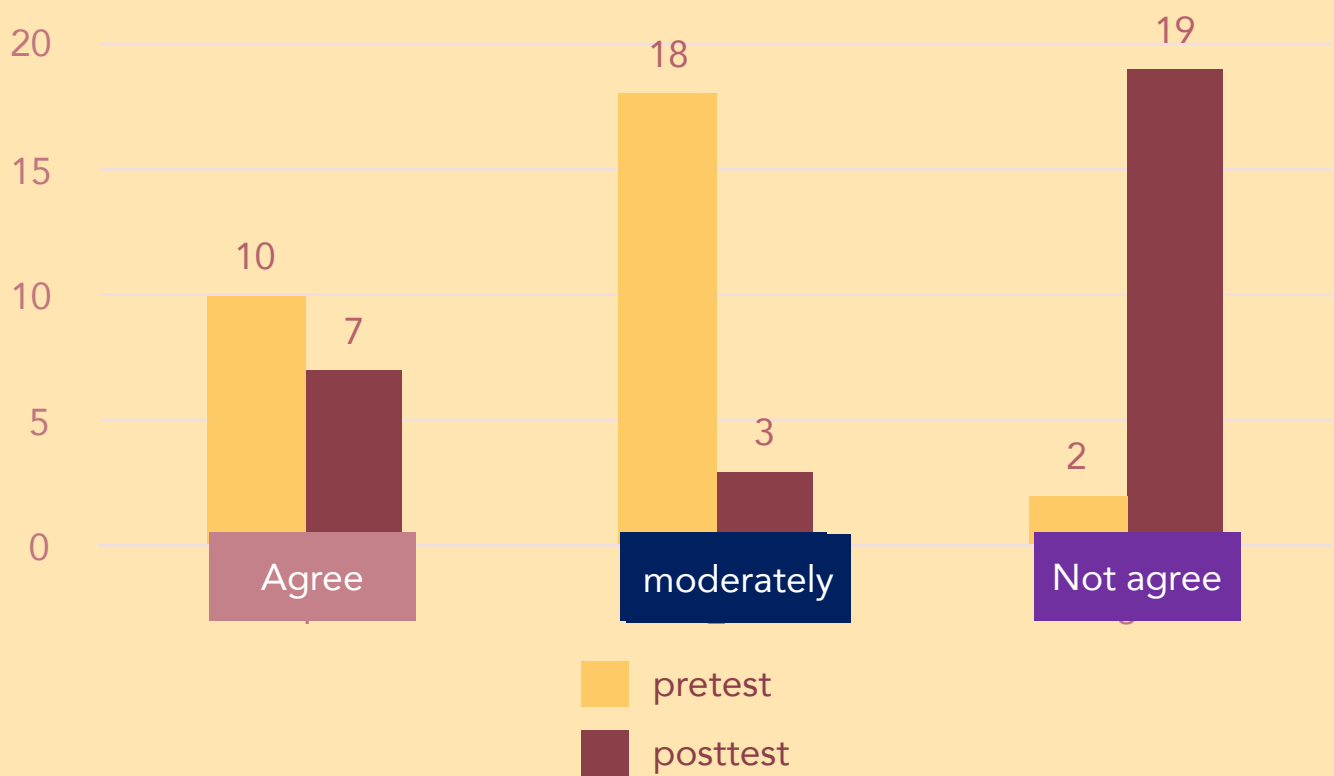
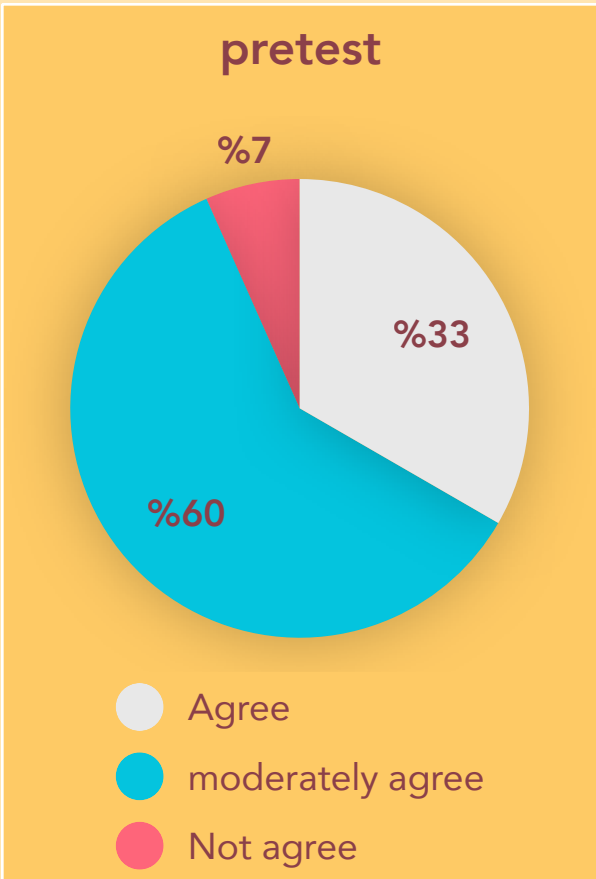
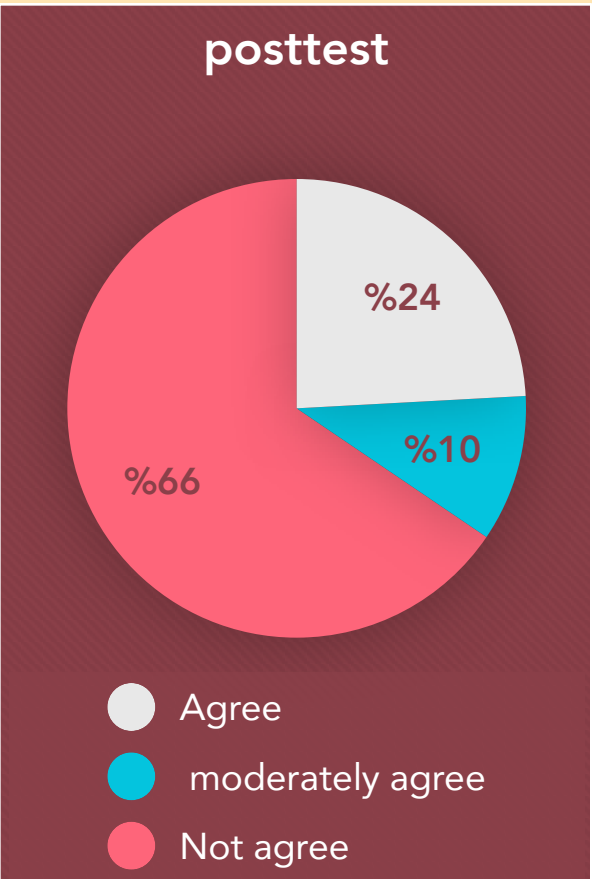
The Axis of the Enhancement of Conception was applied as part of a skills project for adolescents, age group 13 to 15, males and females.

No. of group involved in training: 40 students; in two sub-groups: 21 males and 19 females.

Training lasted for app. 4 months, at the rate of one session per week. Total number of sessions actually held is 14 sessions. The questions mentioned here are a sample of the cognitive measurement, applied twice on students: once before training, and once immediately after training

# QUESTION ONE

Worship means any act that we do with a sincere intention, in disregard with the nature of the act



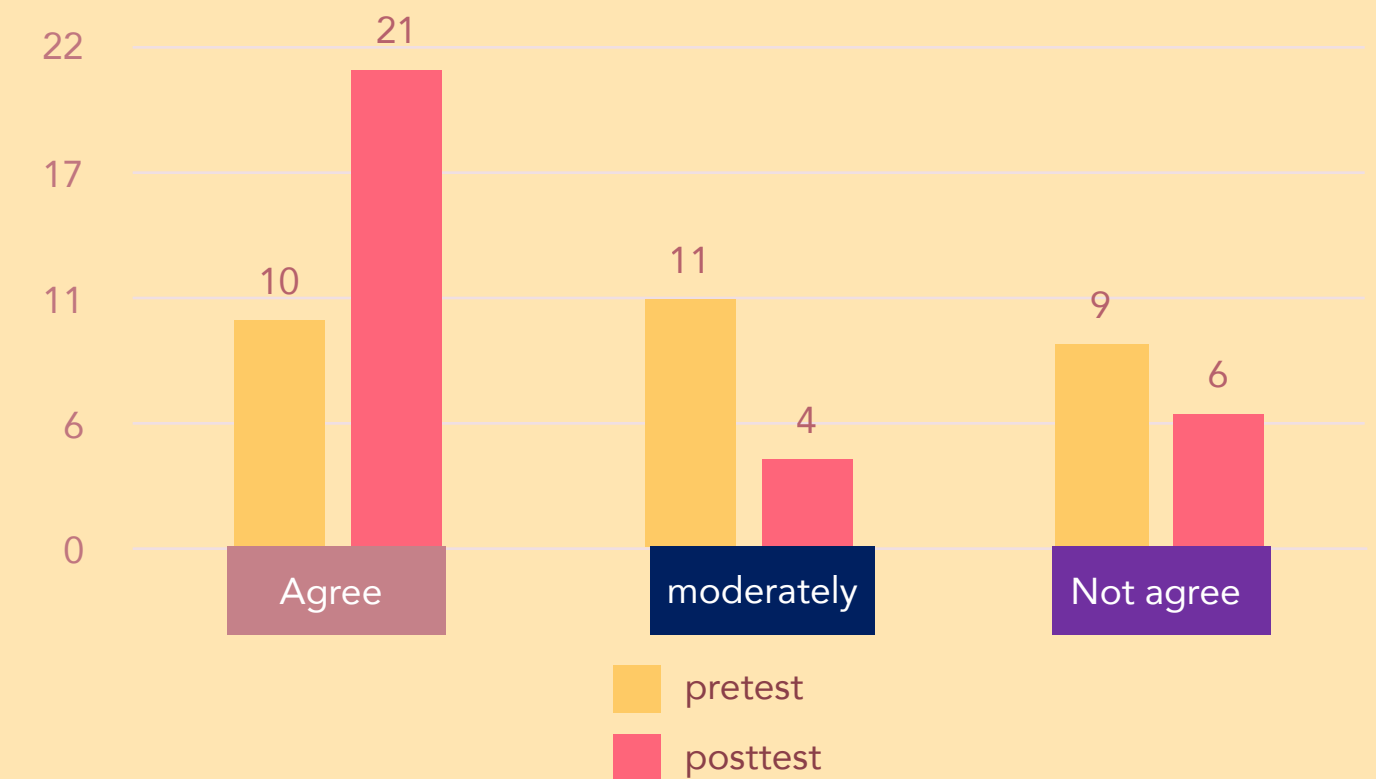
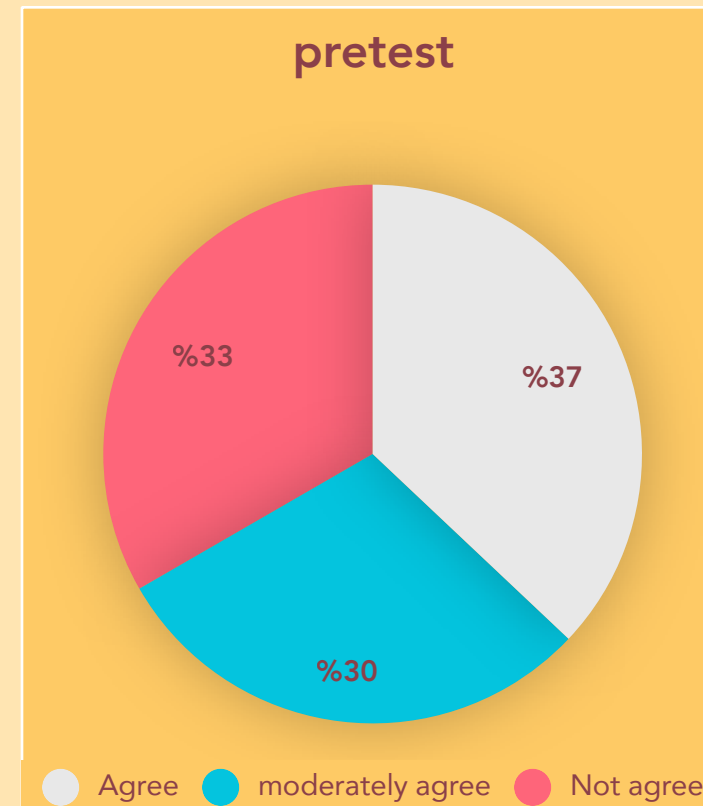
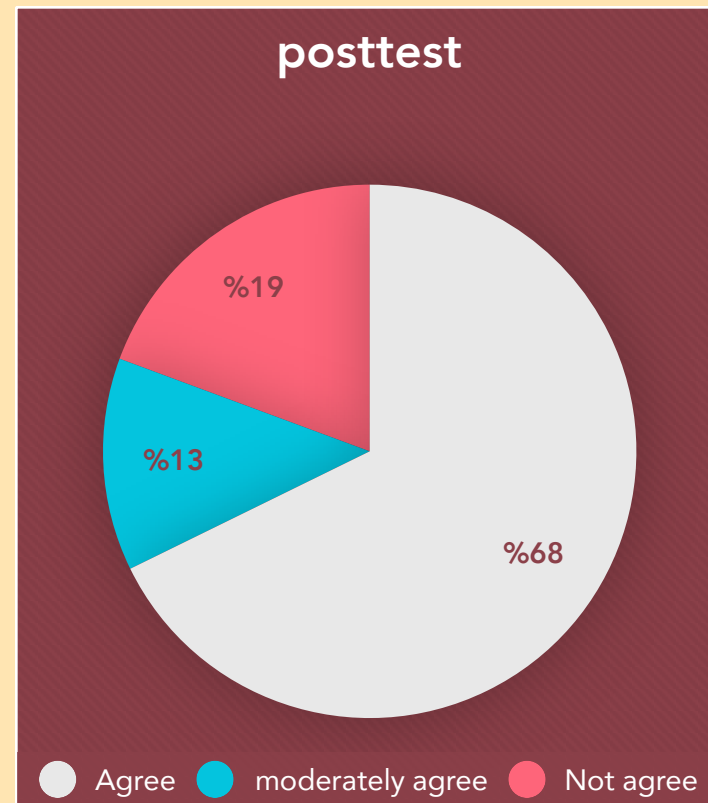
Rate of increase in correct response by the end of training: 59 % Correct response: Not agree

- Accuracy of response, i.e. Not approve, rose from 7 % to 66%. Rate of 'moderately approve' dropped from 33% to 24 %.
- Also, the rate of 'Agree' fell from 60% to 10%



## QUESTION TWO

No obedience when ordered to do what is sinful: means: You bear responsibility for doing what is sinful, even if ordered by another.



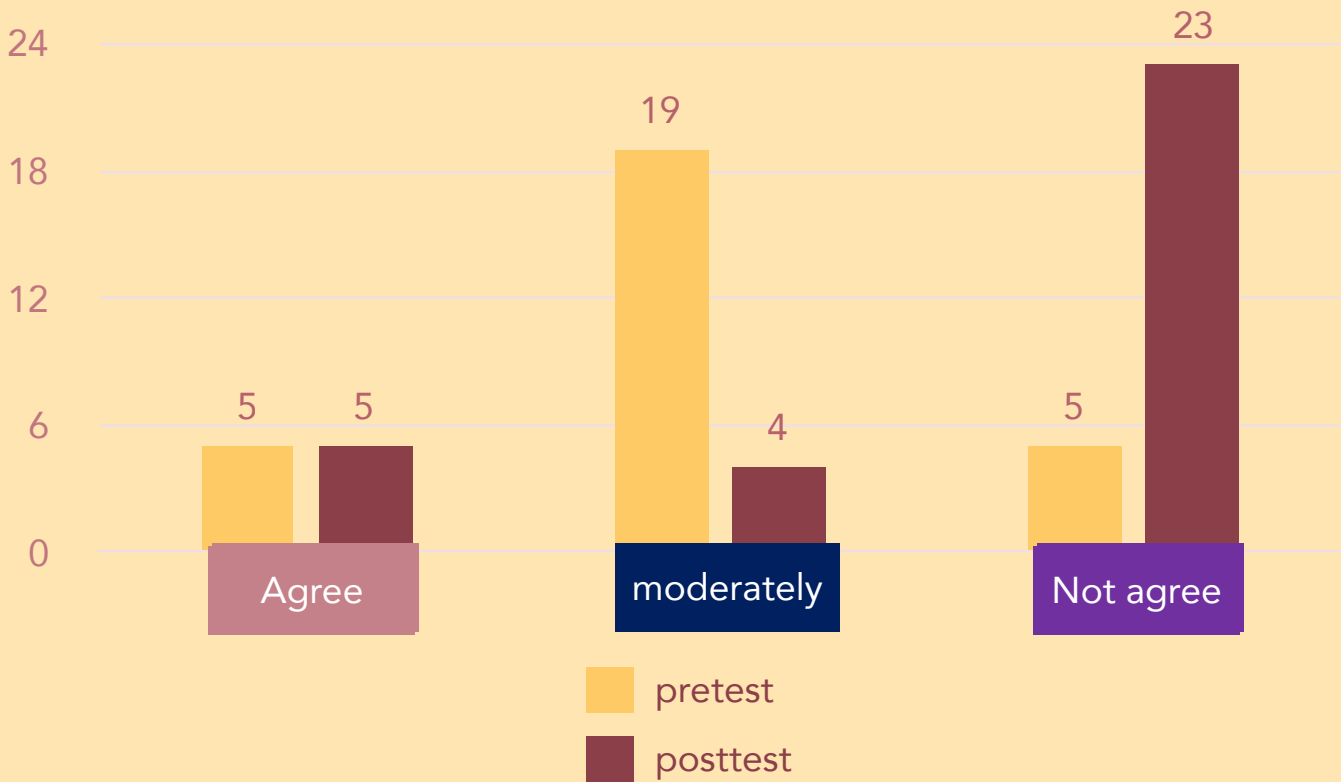
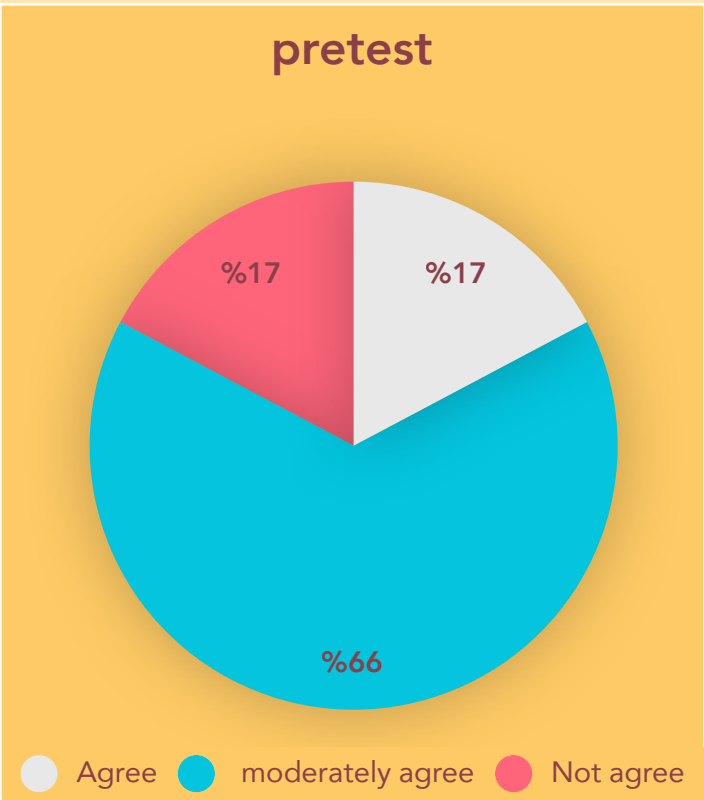
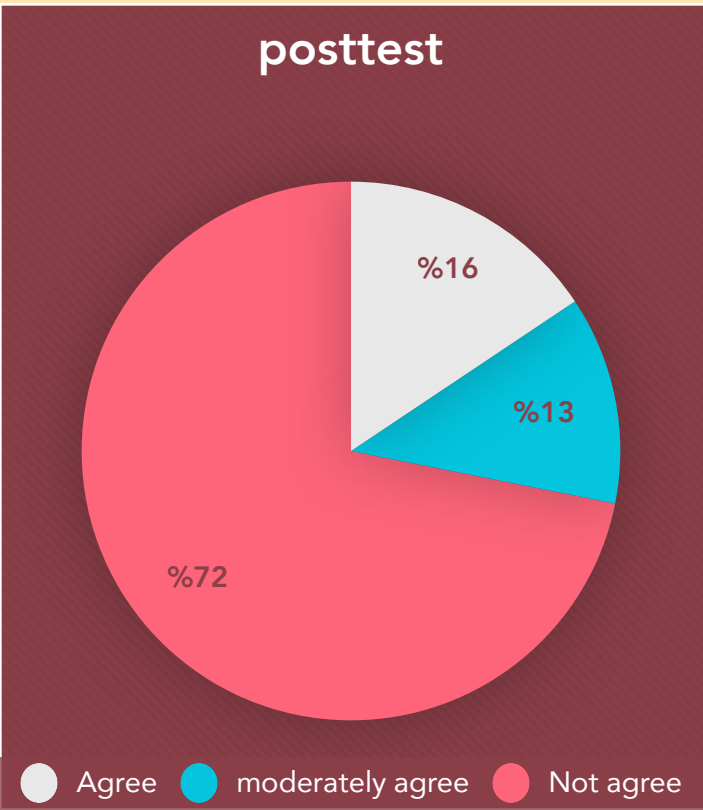
Rate of correct responses rise by end of training by 31%

Correct response: Agree

- Rate of 'Not agree' fell from 33% to 19%
- Rate of 'moderately agree' fell from 30% to 13%
- Accurate response rose from 37% to 68%.

# QUESTION FOUR

The Messenger, peace be upon him, relied during his emigration only on his trust in his Lord and relying on Him



Rate of correct answers by end of training rose by 55%

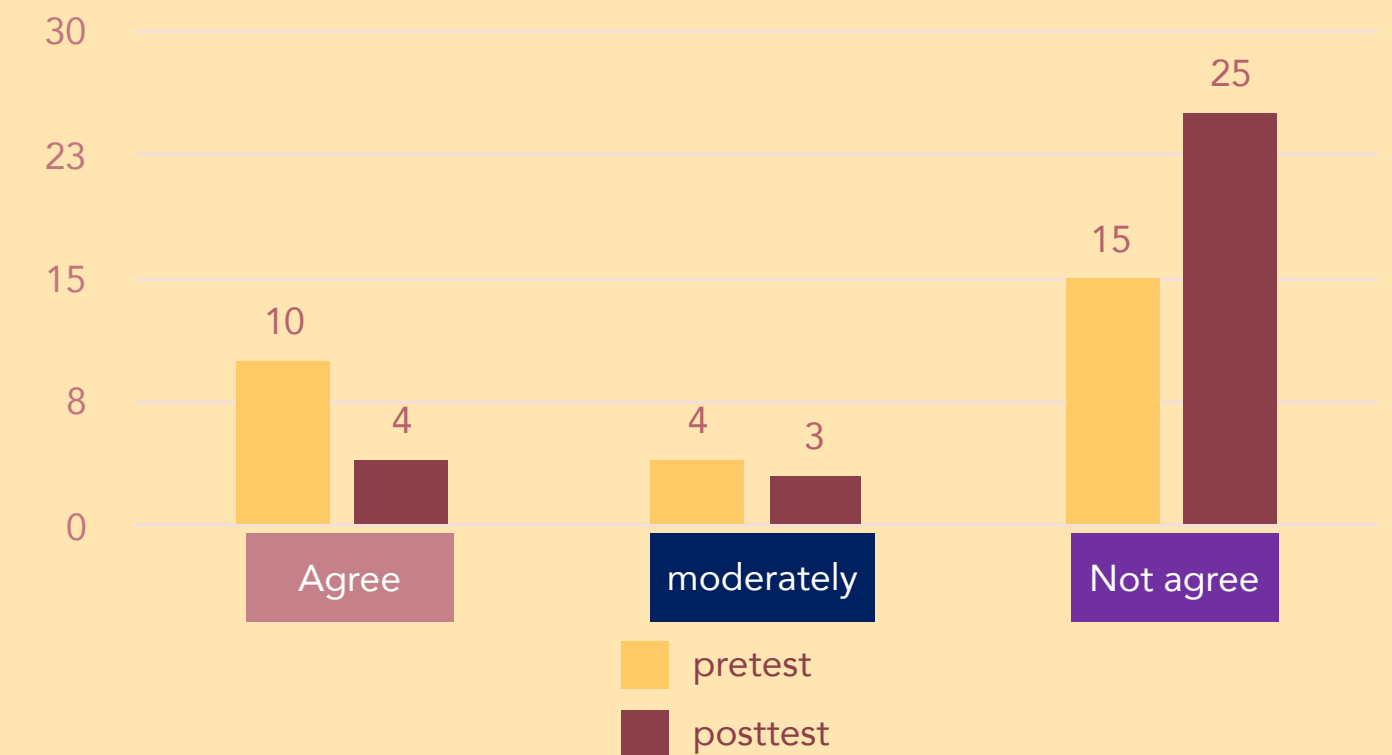
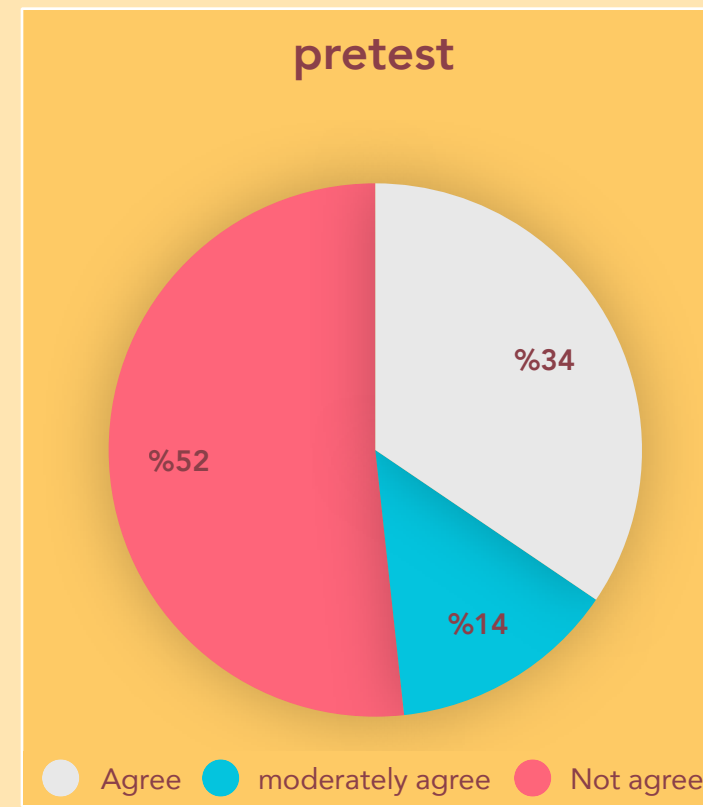
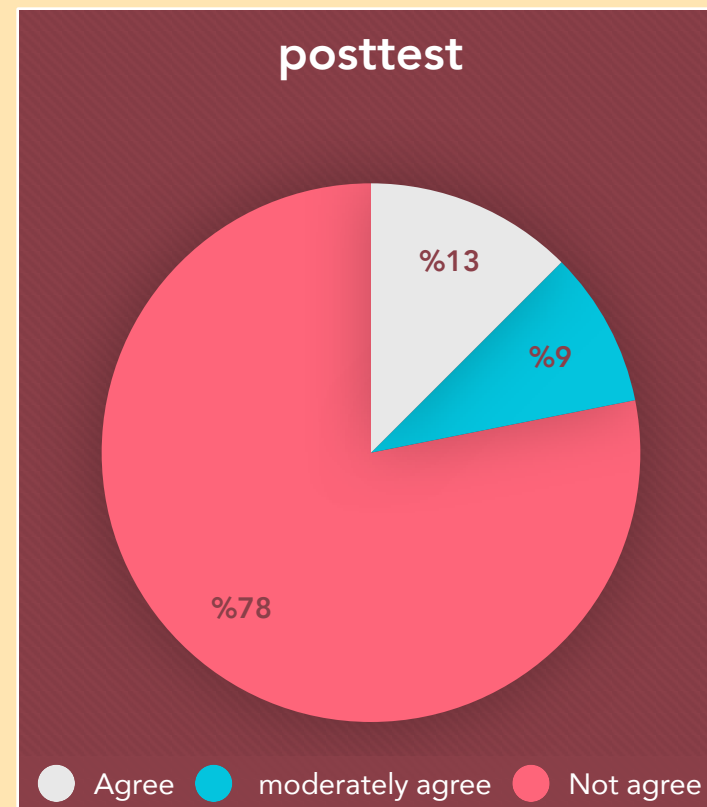
Correct response: Not agree

- Accurate response 'Not agree' rose from 17% to 72%
- Response of 'Moderately agree' fell from 66% to 12%
- Response of 'Agree' fell from 17 % to 16%.



## QUESTION FIVE

THE IMMEDIATE OUTCOME OF THE HUDAYBIAH PEACE ACCORD OUTWEIGHS THE LONG-RANGE OUTCOME



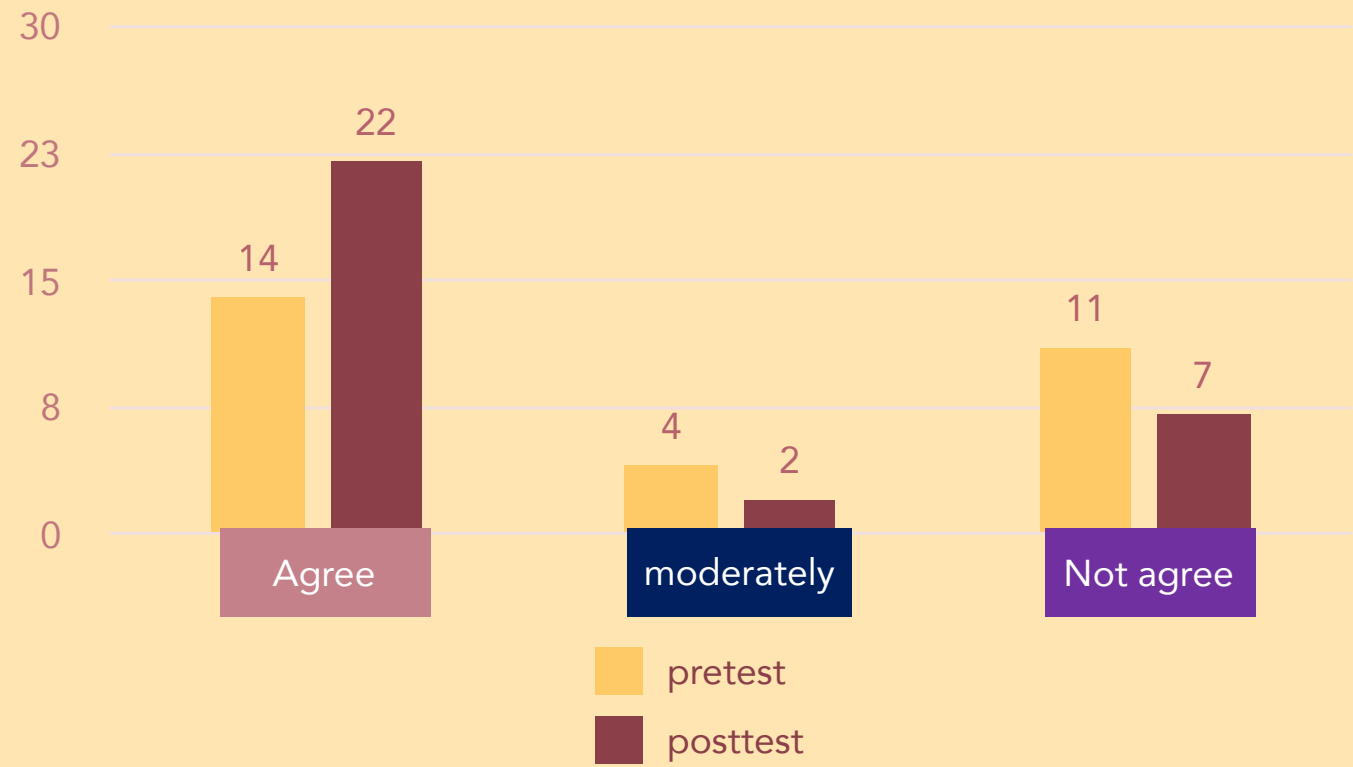
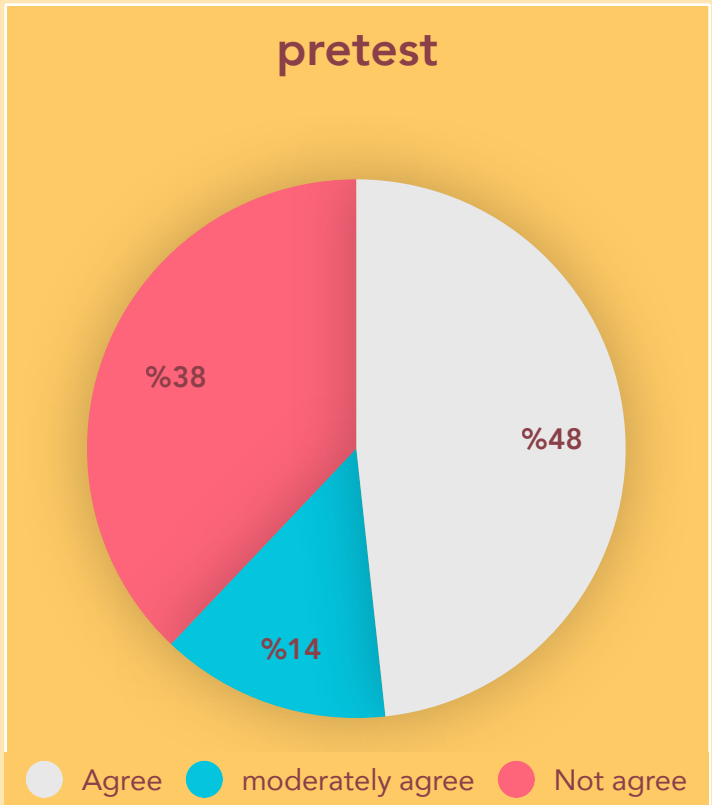
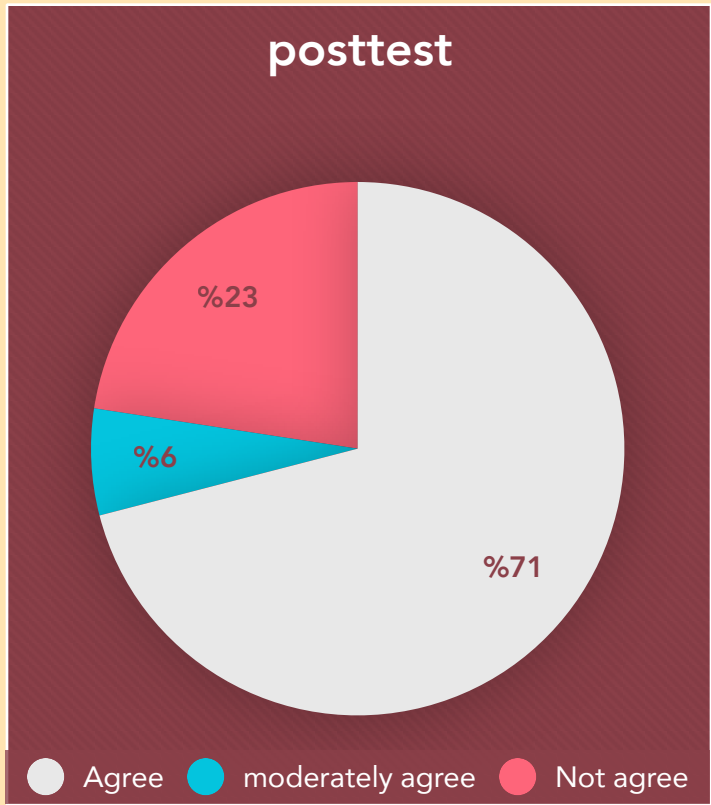
Rate of correct responses by end of training rose by: 26%

Correct Response: Disagree

- Rate of accurate response 'Not agree' rose from 52% to 78%
- Rate of 'Moderately agree' fell from 14% to 9%
- Rate of 'Agree' fell from 34% to 13%

# QUESTION SIX

Catastrophe and Injury can hit the whole of a society on account of the failure of a group of it to do what they must do



Overall rate of correct responses rose by end of training by 19% Correct Response: Agree

- Response of 'Not agree' fell from 38% to 23%
- Response of 'Moderately agree' fell from 14% to 6%
- Response of accurate response 'Agree' rose from 48% to 71%



AVERAGE RISE IN 20 QUESTIONS,  
CALCULATED AS THE MEAN OF ADVANCE IN  
ALL QUESTIONS:

**22.58%**

we view this as a very good rate, considering  
that the change of behavior is a slow and long  
process, and it involves several sectors: from  
family, to school, to society in all its sectors.

**Note: Questions 19, 22, 23 have not  
been included in the statistics are the  
answers to these questions are open-  
ended.**

# Proposed sponsorships



The cost of sponsoring one school for one semester						
comments	Total (\$)	recurrence	number	the cost of a single Item (\$)	Activity	
Four field visits for supervision and evaluation	800	4	1	200	Travel expences for the supervision and monitoring team	expen ces of imple mentation
Eight students classes for one semester	2400	8	1	300	Cost of trained teachers	
Eight students classes for one semester	1200	8	1	150	class materials and teaching aids	
Eight students classes for one semester	600	8	1	75	Other expences	
	5000					
The cost mentioned above is for sponsoring a school of eight students classes for one semester for one of the Project axes (out of nine), total number of students is 200 student						
the cost of sponsoring one school for for one year for two semesters						
Comments	Total (\$)	Reurrence	Number	the cost of a single Item (\$)	Activity	
Eight field visits for supervision and evaluation	1600	8	1	200	Travel expences for the supervision and monitoring team	expen ces of imple mentation
Eight students classes for two semesters	4800	16	1	300	Cost of trained teachers	
Eight students classes for two semesters	2400	16	1	150	class materials and teaching aids	
Eight students classes for two semesters	1200	16	1	75	Other expences	
Eight students classes for two semesters	10000					
The cost mentioned above is for sponsoring a school of eight students classes for two semesters for Two of the						



Cost (\$)	Sponsoring options	
10000	Sponsoring a whole school of eight classes for one year	1
5000	Sponsoring a whole school of eight classes for one semester	2
1250	Sponsoring a one class of 20 students for one year	3
625	Sponsoring a one class of 20 students for one semester	4
62,5	Sponsoring a one student for one year	5

Delivering the teaching materials	Services delivered
Training the local teachers on specific delivery skills and content of teaching manuals	
Selection of best local teachers to deliver the Project after a thorough evaluation	
Continuous monitoring, supervision and support	
Cost of teaching materials and initiatives are included	